LIME GROVE MEDICAL CENTRE PATIENT PARTICIPATION GROUP

Minutes of Meeting 11.06.19

1. Present:

Rebekah Lea	Practice Manager
Emily Foster	Reception Manager
Helen Fray	Community Care Coordinator
Mick Murray	-
Tony Brown	
Marilyn Brown	
Elaine Cox	
Peter Hartill	
Jenny Powell	
Hilary Essen	
Peter Barker	
Frank Dickens	
Sue Burfoot	
John Tresadern	Chair

- 2. <u>Apologies</u>: Bob Windsor, Lesley Durran, Joan Link, Robert Lyness, Fred Parker.
- 3. <u>Welcome</u>: JT welcomed Barbara-Anne Walker, CEO Ashgate Hospice, our speaker, new member, Robyn Hughes and everyone.
- 4. Speaker: Barbara-Anne Walker set out funding sources from NHS but also the hard work of the Hospice staff including charity shops and an on-line furniture company. The funds have to cover not only 'end of life care' but many other support services such as pain relief, psychiatric support, help for families before and after bereavement, outworking through 22 senior clinical nurses and financial advice. There is 380 staff members of which 200 are involved in direct care, and 690 volunteers. She gave us idea leads for ways LGMC could help Ashgate, from closer links with GP's to taking on working to the 'Daffodil Standard' of the Marie Curie organization. We were given an issue to ponder upon –which is an issue in a range of life considerations, namely that opportunities are often taken up disproportionally by the 'white middle class' segment of the population. MM raised the situation where patients are in severe pain and wish to follow an assisted dying course of action. B-AW said that Ashgate did not undertake this but their attitude to it was neutral. The address was most enlightening and our questions were answered clearly and fully. We thank Barbara-Anne most sincerely.
- 5. <u>Approval of Minutes:</u> The minutes of meeting 12.3.19 were approved

6. Matters arising:

- 6.1 (Minute 4a) <u>Future Speaker</u> Following the previous discussion about purpose and type of speaker JT had asked for suggestions. HE and MM had suggested Walking for Health and MM further suggested WEA and U3A on learning to enhance mental and physical health Mental health of Young People Young Carers Old People and Loneliness (Age UK?) Carer Respite Citizens' Advice. As we had been approached already by Louise Stewart (The Farming Community Network) and Rachel Metcalfe (Farming Life Centre) it was agreed we might invite them.
- 6.2 (Minute 4b) All had now received the patient survey. Findings? Action RL
- 6.3 (Minute 4d) C/YP mental health ongoing but staff changes in all the schools had slowed developments. Also a comprehensive early intervention service has now been set up to be provided across Derby and Derbyshire for C/YP 0 17 years who are experiencing mild to moderate mental health difficulties. The service is called 'Build Sound Minds Derby and Derbyshire and JT has made contact with Ruth Baldwin (Chilrens' Services Manager).
- 6.4 (Minute 4e) PH reported that nothing had been received from DDDC about their decision concerning the outdoor gym. It was agreed to give them 'a prod' Action PH
- 6.5 (Minute 7) GP collaborative working, RL reported that at first meeting there was enthusiasm for practices to be able to work together across the Derbyshire dales and everyone was keen to welcome the opportunity to bid for and deliver services to improve outcomes for our patients.

RL also reported that Ms Hetherington had been appointed as Clinical Director for the Derbyshire Dales Primary Care Network giving us the chance to have a strong influence.

- **7. Switchboard and Appointments:** PH said his wife had found it difficult to access 'repeat prescriptions'. It was agreed we should review the LGMC web pages. Action All
- 8. The Patient Experience: JT reported that a range of contacts had found Bob Windsors ideas about the fitting and returning of 24 hour heart monitoring equipment very sensible. Our North Derbyshire Network colleagues were enthusiastic, Rachael (CCG Lead for Patient experience) had sent it to the Lead for Commissioning Community Services and Dr Grunman (Hospital Governor) had passed it to both the CEO and the Chair of Governors. As ever there are various reasons why it may not be taken on, NHS funding streams being an obvious potential hurdle. Still, we've 'stirred the pot', tried and await response.
- 9. Better Care Closer to Home: PH reported (and kindly supplied a written report) on the meeting he attended which evaluated the 'Better Care Closer to Home' initiative of North Derbyshire Clinical Commissioning Group. This scheme means that the hospital discharges patients as soon as they no longer require acute care so freeing up acute

care beds. It was pleasing to report that Whitworth retained 12 beds and has become the base for integrated care teams who deliver Pathway 1. This is where the patient is discharged to home, supported by healthcare and the social care integrated teams liaising with the GP Practice Care Coordinator. It was reassuring that professionals at the meeting were positive about the changes. There was discussion of this process as it means patients are sent home **before** their needs are assessed. There are 8 Pathway 2 beds (for those patients who need care support beyond that possible at home) in Meadow View funded by NDCCG. It was concerning to hear that recruitment and training of staff in our area is a serious problem especially carers and healthcare professionals. HF was able to contribute to this discussion and MM described the experience of his mother where there were no opportunities for convalescence. HF said that 'rehab' is a 'grey area'. The Group agreed to pursue this matter further with ideas for contacts, ideas to help recruitment and highlighting problems arising from this situation. Action All

10. AOB: JT announced that both Fred Parker and Joan Link were leaving the Group and was sure we would wish to send them our sincere thanks and future success. Fred is looking to go to university having finished his school career. JT said Fred had given excellent support over the mental health of young people issue. Joan has found that her lay preacher training involving travel to Milton Keynes on top of caring for her family meant she needed to concentrate her efforts.

The time of meetings was raised and suggestions made but without conclusion. It will be raised at our next meeting.

Date of Next Meeting: Tuesday 10 September 7.00pm